

## Large Group Handout - Between Your Ears What Do You Believe About YOU? (Part 2)

2.17.21 Middle School

2.24.21 High School

### Lesson Overview

Tonight we continue diving into the question: What do you believe about YOU? Last time, Bret talked about the importance of finding our value in Christ, and not in our appearance, performance, or our reputation. This week, Pastor JR dives deeper into who God says we are, as well as how to fix our identity problem.

How to fix your identity problem:

1. Choose to believe what God says about you.
2. Stop looking to other people or things for your value.
3. Realize that it's not all about you.

### Discussion Questions

1. During our large group teaching, there will be time for students to create the following lists: Who do others say I am? Who do I say I am? Who does God say I am?
  - Begin your small group time by having students share their lists
  - Leaders, this is a great chance for you to lead with vulnerability and share some of your own personal examples.
2. What things have led to these beliefs?
3. What did Pastor JR mean when he said, "*The solution to our identity crisis is not thinking MORE or LESS of ourselves but thinking of ourselves LESS.*"?
  - Why is this so important to understand?
  - Why is this so hard to do?
  - What does this look like in your life?
4. Read **Matthew 22:34-40** as a group. What 2 things are we called to do, as followers of Christ, according to this passage? (Love God & love others)
  - Notice what he didn't put in there (i.e., love yourself).
  - Do you believe knowing your purpose matters? Why or why not?
    - It's important for students to understand that they have a purpose, and that knowing their purpose will determine how they live.
  - How can you love God?
  - How can you love others?
    - At home
    - At school
    - At Rush
    - In your activities
5. End your time by reviewing the following:
  - Your value does not come from your appearance, reputation, or performance.
  - If you have allowed Jesus to save you, God says you are - blessed, chosen, holy, loved, adopted, redeemed, and forgiven.
  - You are saved for a purpose - not just to feel good about yourself - but to love God and love others. Live your purpose.